

# AIRTECH

Condensation, Mould & Radon Specialists

## Radon Gas

The risks and  
the solutions



**It is possible to bring radon down to an acceptable level and therefore reduce the risk to you, your family or colleagues.**

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FREE Radon Helpline  
**01823 690292**

## What is Radon & what is the risk?

Radioactive decay of Uranium and Radium found in soils and rocks produces naturally occurring Radon gas. The word 'Radon' is generally used where the risk is from radon gas and its progeny, which are solids. These solids can be deposited in the lungs which can lead to an increased risk of cancer. For smokers this risk is increased ten times that of non-smokers.

Originally observed and considered only a risk to mine workers, in the 1970's evidence of the increased risk from radon in buildings was identified.

## Where it can be found?

Radon gas can be found in all countries at various levels. In the UK the higher levels can be found in Devon, Cornwall, parts of Somerset, Derbyshire, Northamptonshire and Leicestershire. There are also lower level "pockets" in a number of other areas around the country. The Health Protection Agency carries out periodic surveys across the UK to ascertain the levels.

## How it is measured?

Radon can be, and is, measured and is reported in units of activity per cubic metre of air:  $\text{Bq/m}^3$ .

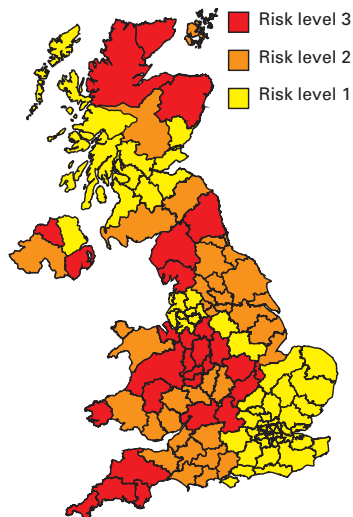
The average level in the UK is around  $20 \text{ Bq/m}^3$ ; with levels as high as  $10,000 \text{ Bq/m}^3$ .

There are required UK Action Levels; simply put these are:

- $200 \text{ Bq/m}^3$  in residential properties
- $300 \text{ Bq/m}^3$  in occupational facilities

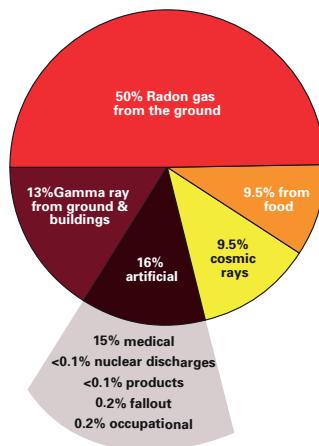
Where the levels are above these, mitigation measures must be put in place to bring them below the Action Levels. The processes to reduce levels can be very simple.

## Radon affected areas in the UK



Overall map of radon affected areas in England, Wales and Scotland

## Radon affected areas in the UK



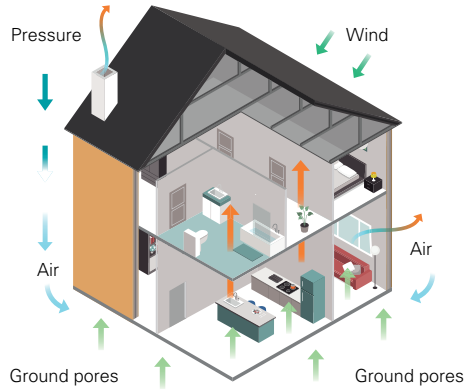
The Health Protection Agency has produced a report recording the data of radon measurements in over 400,000 homes in England and Wales.

## Radon Migration

Radon gas penetrates through cracks and fissures in the ground and properties.

A combination of factors can affect the amount of radon that enters the structures.

Heating and certain ventilation flows can result in a reduction in the air pressure within the building. This in turn can draw radon in from the ground into the room. Lack of ventilation can result in the radon remaining in the room. The level of radon in a property varies over time; by day and month. The level will also alter between basements and upstairs rooms.



## Radon Solutions

If Radon levels are high enough to require remediation Airtech may recommend installing positive input ventilation (PIV), or an active Radon sump fitted with a fan to help reduce indoor Radon concentrations.



### Radon Detection

Airtech recommends testing using Radon detectors which are small unobtrusive pods placed in a property.

These detectors are left in place, usually in the lounge and master bedroom, for three months. Once collected the small piece of plastic inside the device is processed and the level of Radon is assessed expressed in Becquerels per cubic metre ( $Bq/m^3$ ). If a home is above  $200Bq/m^3$  then remediation measures should be taken.



Radon monitor



### Radon Control

The type of remediation measures will vary by location and level detected. This may result in one property being fitted with a simple vent whilst an adjacent property may require a comprehensive system of a sump with pump.

Specialist knowledge is required for the choice of appropriate measure.



**Air+ Loft**  
Loft Mounted  
Positive Input  
Ventilation



**UT150/SC**  
Radon Mitigation



## Myth vs. Fact

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**Myth:** Granite work tops emit harmful levels of radon.

**Fact:** Research in America has indicated that there is likely to be more radon in the building materials found in the average home than in a granite worktop. The New York Times has reported that spurious claims about radon levels in granite work tops have been made by companies selling competitive worktop materials.

**Myth:** Radon is only a problem in granite areas.

**Fact:** High radon levels are found on many different rock types around the country, including some limestones and sandstones.

**Myth:** Houses with high radon levels are blighted.

**Fact:** High radon level houses can be remedied and there is no evidence that radon has caused any housing blight.

**Myth:** Radon causes leukaemia or other cancers.

**Fact:** There is clear evidence that radon causes lung cancer, but studies of the risks of other cancers have not demonstrated a risk from radon.

**Myth:** Radon remedial measures are ugly or noisy.

**Fact:** Properly installed remedial measures are quiet and unobtrusive.

**Myth:** I don't need to test my house, because the house next door was tested and had a low radon level.

**Fact:** Radon levels vary greatly from house to house – the only way to find out if there is a problem is to measure the radon level.

**Myth:** Radon levels are high in Devon and Cornwall, but the lung cancer rate is low, so radon cannot cause lung cancer.

**Fact:** Most lung cancers are caused by smoking. Studies have shown smoking rates are low in Cornwall, giving a low rate of lung cancer. However, studies of people in Cornwall and Devon have shown that higher radon levels in houses are associated with a higher risk of lung cancer for people living in those houses.

**Myth:** High radon levels are only found in Affected Areas.

**Fact:** Although the great majority of houses with radon problems are in radon Affected Areas, radon problems can occur almost anywhere.

**Myth:** Radon remedial measures require floors to be dug up.

**Fact:** In most cases remedial measures can be installed under the building from outside.

**Myth:** Radon remedial measures cost tens of thousands of pounds.

**Fact:** Effective remedial measures usually cost less than a thousand pounds, comparable with many other household expenditures.

**Myth:** Radon is good for you – there are radon spas in other countries.

**Fact:** The evidence from epidemiological studies shows that even radon exposures below the UK Action Level carry a risk of lung cancer.

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